

Blaenau Gwent Food Banks & Support

Tredeggar

Organisation	Address	Description	Contact Details	Day
Sirhowy Community Centre	Rhoslan, Sirhowy, NP22 4PQ	Community Co-op/ Members Food Pantry £6 per week, can come twice a week	https://www.facebook.com/groups/144762705558089	Monday and Thursday 10am til 12pm & Saturday 10am -11am
Sirhowy Community Centre	Rhoslan, Sirhowy, NP22 4PQ	Coffee mornings and cooking on a budget classes	https://www.facebook.com/groups/144762705558089	Tuesdays and Thursdays 10am-12pm
Sirhowy Community Centre	Rhoslan, Sirhowy, NP22 4PQ	FoodShare- Greggs and supermarket surplus.	https://www.facebook.com/groups/144762705558089	Wednesday and Friday 10am - 12pm & Saturday 10am - 11am
Cefn Golau Together	87 Attlee Way, Tredeggar	Food parcels twice per month	growing@cefntogether.org	Every other Friday 8:30am- 11am (Next date 13th of october)
Cymru Creations	Little Theatre, Upper Coronation Street, Tredeggar NP22 3TS	Emergency winter food parcels (Delivery)	https://www.facebook.com/CymruCreations/ or text 07939 812395	December, please contact for details, upcoming information about christmas parcels will be on social media
Baobab Bach CIC	Little Theatre, Upper Coronation Street, Tredeggar NP22 3TS	Food Pantry run by Baobab Bach, check facebook for up to date times	https://www.facebook.com/littletheatretredeggar/?locale=en_GB or https://www.facebook.com/baobab.bach.cic/	Fridays 2-4pm from 01/11/2023
Bedwellty house- Kitchen Garden	Bedwellty House and Park, Morgan Street, Tredeggar, United Kingdom	Surplus Vegetables from kitchen garden (£2 per bag) depending on seasonal availability	Bedwellty House and Park Tredeggar Facebook	7 days a week- 10:30am-16:30pm

Flying Start Hub (Sirhowy)	Rhoslan, TREDEGAR, NP22 4PG	Emergency food parcels	Family information Service Tel: 0800 032 3339	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)
Flying Start Hub (Cefn Golau)	91-93 Attlee Way, Cefn Golau, Tredegar, NP22 3TE	Emergency food parcels	Family information Service Tel: 0800 032 3340	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)

Ebbw Vale

Organisation	Address		Contact Details	Day
Tirzah Baptist Church (TK's)	2 Falcon Terrace, Ebbw Vale, NP23 7SA	Food parcels & Food pantry (£5 for yearly membership and £4 per week)	https://www.facebook.com/groups/540974063293603	(free surplus food) Thursday 11:30am - 12:30pm & Sunday 4:30pm to 5:30pm and food pantry on Friday 12:30pm-1:30pm
The Hope Store	Hope Church, Cemetery Rd, Ebbw Vale, NP23 6YB	perishable foods depending on supply and surplus food from	https://www.hope-church.wales/hope-store Tel:07783307052	Monday 6:30pm - 7:30pm
Trussel Trust	54 Beaufort Rise, Beaufort, Ebbw Vale	Food parcels (Short term aid)	https://www.facebook.com/blaenaugwentfoodbank	Delivery only
Ebbw Vale Institute	EBBW VALE INSTITUTE, CHURCH STREET, EBBW VALE, NP23 7RD	Food Pantry (Members pay £4 per week, shelf stable, chilled,	https://evi.cymru/evi-pantry/	Monday 10am-12pm & 2pm-4pm
Flying Start Hub (Cwm)	Cwm, Ebbw Vale, NP23 7RD	Emergency food parcels	Family information Service Tel: 0800 032 3340	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)
Flying Start Hub (Hill Top)	Hilltop Stadium Recreation Ground, Brynteg Terrace, EBBW	Emergency food parcels	Family information Service Tel: 0800 032 3341	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)

Flying Start Hub (Garnlydan)	Commonwealth Road, Garnlydan, Ebbw Vale, Blaenau Gwent,	Emergency food parcels	Family information Service Tel: 0800 032 3341	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)
<u>Brynmawr</u>				
Organisation			Contact Details	Day
Gwent Valleys Evangelism	88 Baily Street, Brynmawr, NP23 4AN	Food parcels	https://www.facebook.com/gwentvalleys.org.uk	Friday 11am to 4 pm (can deliver)
Community Food Share (Brynmawr rotary food bank)	Brynmawr, NP23 4TZ	offer support through daily texts or Facebook	contact number: 07572 149138 https://www.facebook.com/groups/438168313181952	7 days a week (Depending on volunteer availability, contact for assistance)
Trussel Trust	Davies Street, Brynmawr, NP23	term aid-Requires referral)	https://www.facebook.com/blaenau-gwent-food-bank	Delivery only
<u>Nantyglo/Blaina</u>				
Organisation	Address		Contact Details	Day
Coed Cae Community House	Attlee Road, Nantyglo, NO23 4WB	food bank provision via brynmawr rotary	https://www.facebook.com/groups/624421352266553	Tuesday 10am - 12pm food provision free but £1 donation welcomed
<u>Abertillery/ Llanhilleth</u>				
Organisation	Address	Description	Contact Details	Day
Ebenezer Church Abertillery- Free food Cupboard	Park Place, Abertillery NP13 1ED	Food Parcels (Free Food Cupboard provides food parcels for those in need.) & warm welcome at "soup	E-mail: hello@ebchurch.co.uk . Website: www.ebchurch.co.uk Phone: 07415 009 467	Food Parcels Tuesday and Thursday 10am - 12pm Soup and Sandwich wednesdays and thursdays- 12pm-2pm

Blaenau Gwent Baptist Church	Victoria Street, Abertillery, NP13 1NJ	Food parcels	http://bgbchurch.weebly.com/	Monday 1pm to 3pm
Bags of hope- Kings arms	Brynithel Community Centre, 19	Food parcels (Limited space on regular list but will	Text: 07790 093574	Every Other Friday 10-12:30pm
Llanhilleth Miners Institute	Meadow Street, Llanhilleth, Abertillery NP13 2JT	parcels. Cooking classes (Including family cookery sessions 7+, youth cookery 11-16, "fill your freezer" batch cooking, slow	Phone: 01495 400204 https://www.facebook.com/LlanStute	Classes held on different days including some weekends, contact via Facebook to enquire about upcoming dates & signing up
Swffrydd Victory Church	5 Rectory Road, Crumlin, Swffryd, Newport, NP11 1EB	holiday breakfast clubs	https://www.facebook.com/groups/209717730803727	Weekdays during Holidays, contact to confirm times and dates
Caffi Tyleri	Jim Owen Field, NP13 1LW	soup and warm welcome (Cawl I pawb/Soup for all)	Caffi Tyleri Facebook	Friday 10am to 3pm
Flying Start Hub (Abertillery)	Action Centre, Alma street, Abertillery, NP13 1YL	Emergency food parcels	Family information Service Tel: 0800 032 3339	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)
Flying Start Hub (Swffryd)	School, Swffryd Road, Swffryd, Abertillery, NP11	Emergency food parcels	Family information Service Tel: 0800 032 3340	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)
Flying Start Hub (Brynithel)	Penrhiw, Brynithel, Abertillery, NP13 2GZ	Emergency food parcels	Family information Service Tel: 0800 032 3340	Monday to Friday 9am-5pm (community worker staff may not be there all day so best to call)